



Welcome 2024 MTC Outdoor Season Information Meeting

The Manhattan Track Club is where young people find inspiration to reach their potential while being led by coaches and leaders which will result in healthy lifestyles and instilling a sense of pride and belonging.



Intro of Coaches and Board of Directors

“Good coaches train technique, great coaches train people.”

-Coach Don



Objectives

- Why MTC?
- What we do?
- What is cost?
- What are expectations?



Practice Schedule/Location(s)

- Typical Practice
- How long
- Coaches on site
- Insurance



Events

- Sprints
- Distance
- Jumps
- Throws
- Hurdles
- Multis
- **Pole Vault



Potential/Upcoming Meets

4/20- Girard Warriors, Girard HS, KS

4/27-Halstead

5/4 Team United Stars, Topeka Seaman HS, KS

5/11 Runstars, Leavenworth, KS

5/18 Windsteppers, TBD

5/27 Team Believe, Central HS, MO

5/27 Barb Hunt Memorial Day Meet, Garden Plain, KS



Potential/Upcoming Meets cont...

6/1 Districts-KS

6/7-8 Districts-MO

6/15 Speed Capital Midwest Series, JCHS

6/15 Wichita Athletics, Friends University, Wichita

6/19-22 Regionals, Bentonville West HS, AR



Potential/Upcoming Meets cont...

7/13 Pony Express, TBD

7/27 – 8/3 AAU Junior Olympics North Carolina
A&T University, Greensboro, NC



Communication

Email
Team Snap
Group Me
Manhattan Track Club Website
CoachO
Direct Athletics

Team Apparel



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- Athletes
 - Parents
 - Team Store Soon

AAU Membership



- <https://play.aausports.org/joinaaau/membershipapplication.aspx>
- Team Code W3D3EA
- Cost

Board Positions Open



- President
- Vice President
- Secretary
- Social Media/Webmaster
- Apparel



Thank you for your
Time & Attention!

QUESTIONS??
